



ANNOUNCEMENT!!! Two new programs this Fall include Mice on Ice & Home School LTS.
Call the Polar Palace today to find out more.

LEARN TO SKATE

s e s s i o n s e v e n

7 Week Program
SEPT 14 – NOV 1
2 0 0 9



Where Skating Fun

USFS Lapeer Skating Program
Polar Palace Arena Complex

3301 Davison Road
Lapeer, MI 48446
Phone 810.245.7778
Fax 810.667.3639

Internet www.polarpalace.com

Team of Instructors

Jenny Brooks
989.839.0846

Jackie Colpean
810.584.0328

Kathy Hillman
810.796.3447

Karen Lemieux
810.797.2378

Jayne Pohl

Jeff Wolff & Stacie Elliott

OTHER DATES

Bring a Friend to Class Day

Monday, Sept 28
Sunday, Oct 4

Snow Plow Sam Visit & Exhibition

Sunday, September 13
2:00pm-5:00pm

Winter Session Begins

Monday, Nov 2

Last Day for Enrollment

No later than 2nd week in session

*USFS Annual Membership

Required once July 1 - June 30

US FIGURE SKATING CLASS STRUCTURE

Snowplow Sam 1-3 (Ages 3 to 5) This class is designed to help preschool-age children develop preliminary coordination & strength necessary to maneuver on skates. Some of the elements in this class are the same as those in Basic levels, but the degree to which the skater is expected to perform the elements is to a much lesser extent.

Basic Skills 1-8 (Ages 6 to 16) The "Basic Skills" are the fundamentals of the sport. These eight levels of the program introduce the fundamental moves to school aged children. Upon completion of Basic 1-8 levels, skaters can advance to more specialized areas of skating – free skating, dance, synchronized, and pairs.

Freestyle 1-6 (Ages 6 to 16) The Freestyle curriculum is designed for the more advanced level skater. Skaters must have passed Basic 8 in order to enroll in Freestyle 1. Elements introduced in freestyle levels include various jumps, spins and different use of edges. **Private lessons are recommended for this advanced level skater.**

Adult 1-4 (Ages 16 & Up) These classes are designed for the adult skaters to learn at their own pace. Elements covered are forward and backward skating, crossovers, stopping and various use of edges.

CLASS SCHEDULE & COST

(Cost includes one *free* public open skate pass per registration)
(10% discount for 2nd and 3rd skater in family)

Snowplow Sam 1-3	\$75 (plus a \$10 USFS Membership Fee*)
Mondays, Sept 14-Oct 26	5:20pm-6:20pm**
Sundays, Sept 20-Nov 1	12:30pm-1:30pm**
Basic Skills 1-8	\$75 (plus a \$10 USFS Membership Fee*)
Mondays, Sept 14-Oct 26	5:20pm-6:20pm**
Sundays, Sept 20-Nov 1	12:30pm-1:30pm**
Adult 1-4	\$75 (plus a \$10 USFS Membership Fee*)
Mondays, Sept 14-Oct 26	5:20pm-6:20pm**
Sundays, Sept 20-Nov 1	12:30pm-1:30pm**
Freestyle Drop-In	\$12 per day***
Mondays, Sept 14-Oct 26	4:30pm-5:20pm
Sundays, Sept 20-Nov 1	11:40am-12:30pm

**One hour session includes ½ hour group lesson and ½ hour practice time.

***This ice time is available for USFS skaters to practice on their own or with a private instructor.

LTS REGISTRATION

Name _____ Age _____ Birth Date _____

Address _____ City, State, Zip _____

Home Phone _____ Parent's Name _____

Emergency Phone & Contact _____

Previous USFS Membership # _____ Level of Skating and/or Last Class Passed _____

Class you are Signing Up for _____ Day _____ Time _____

Is there a skating goal for your skater? _____

Add'l Sibling(s)* Signing Up

*10% discount for 2nd and 3rd skater in family

Name _____

Age _____ Birth Date _____ Class _____

Name _____

Age _____ Birth Date _____ Class _____

Fees must be paid on or before the 1st day of class & paid at the rink's front desk. Make checks payable to Polar Palace. Credit cards accepted. No refunds or credits will be issued without special approval by the Rink Manager, Program Director or receipt of Doctors note.

Polar Palace's
HIGH SCHOOL MUSICAL

If the Polar Palace is your home to skate, we invite you to
"Bop to the Top"

September 13th (2-5pm)
in

A Special Exhibition

to include

several ice skating talents, a sled hockey game and Meet & Greet open skate with Snow Plow Sam.

Cost to participate is only \$10
(payment covers the cost of personalized t-shirt)

Rehearsal for the Learn-to-Skaters will take place on Sundays beginning August 23rd (12:50-1:50pm)

Please call Karen (810-797-2378) or Jackie (810-584-0328) if your skater is participating

Where Skating Fun Be

SESSION SEVEN

LEARN TO SKATE



Return Service Requested

Polar Palace Arena Complex
3301 Davison Road
Lapeer, MI 48446